THE FAMILY YOUTH GUIDE
A community resource for residents living within Long Island City/Astoria postal codes 11101, 11102 and 11106
Welcome to the Family Youth Guide! The Thomas and Jeanne Elmezzi Private Foundation set out to create this guide in response to the results of a community survey we conducted starting in 2009 called Project 126. You may have even participated in it—and if you did, thank you!

The survey found that a majority of respondents chose education as their top priority, demonstrating a strong commitment to youth and the community’s future. According to a City Year Youth Statistic, in 2005 a total of 8,700 students in our target zip codes of Long Island City/Astoria had a need for after-school services that went unmet. Respectively, almost 90 percent of parents in our survey area recognized the importance of investing in after-school programs or out-of-school programs in their community. This affirms a clear need to connect youth more effectively with programs and services in this community.

This guide was designed to objectively compile information about the availability of programs in zip codes 11101, 11102, 11106 that serve children and youth ages 0 to 18 and their families. All of the programs listed are available right in your community, and they are here to serve you. Programs are free of charge unless otherwise noted. There are over 120 programs in this booklet, and we tried to organize them in a way that will help you find what you’re looking for. Each program listing includes an overview, along with contact information so that you can call, visit or go online to find any additional information you may need.
HOW TO USE THIS GUIDE

The Guide is divided into 8 categories: After-School Programs, Arts & Recreation, Child Care, Community Resources, Social & Health Services, Special Needs Programs, Summer Programs and Teen Programs. Every program has been put into one of these categories, so if you don’t find the program you’re looking for in one section, try another section!

There is also an Index in the back that lists each program alphabetically, and an Organization Appendix that lists every organization and its mission.

For convenience, we have included a Map at the beginning of each category’s section; if you want to see which after-school program is closest to your home or school, just take a look at the map.

The Icons under each program description gives you a quick view of the program’s activities and details. For example, if an after-school program offers homework help, soccer training and a nutritious snack, you’ll see these icons below it: 👨‍🏫 ⚽️ 🍔

Remember, if you need any more information about a program, go check it out. Visit the website, call, head over to see the facilities or pick up some informational material. This booklet aims to match the community’s needs with its assets, and the more you get involved in the resources that are available to you, the better they can be!

If you have any questions about how to use the guide, don’t hesitate to contact us at admin@elmezzi.org. We’d love to get your feedback! If the response to this guide is positive, we may continue to print it as a community resource; so please tell us what you like about it, what it needs, any programs we may have missed and how we can make it better in the years to come!

ABOUT THE THOMAS AND JEANNE ELMEZZI FOUNDATION

The Elmezzi Foundation was established in 1996 by Thomas Elmezzi, a former executive with Pepsi who was passionate about supporting those who did not have the opportunity or resources to realize their fullest potential. The Foundation strives to have a direct and measurable impact on the quality of individual lives through grants and innovative program design and execution. Our current grantmaking is focused in the program areas of Education, Youth Development, Community Development and Medical Research. The Elmezzi Foundation does not accept unsolicited requests for support.

We are pleased to create this guide to support youth and families in Long Island City/Astoria, where our founder, Thomas Elmezzi, grew up.
Acknowledgements

After perusing The Family Youth Guide we hope you will agree that compiling information on over 120 programs for youth and families in Long Island City/Astoria zip codes of 11101, 11102, 11106 is no easy feat. Initiated in January 2011, the process for this guide involved in-depth research of organizations in the target area, a scan of their youth-related programs, numerous calls to collect program specifics and organizing the information in a user-friendly format. The Elmezzi Foundation could not have done it without the dedication and commitment of all those who were involved in this process.

First, we want to thank Christopher Cutter, our former Program Officer, for defining the framework for this project as well as providing direction to staff and interns. Chris is now the Interim Executive Director of Zone 126 Inc., a cradle-to-career collaborative with a focus on Long Island City/Astoria. Zone 126 was created by The Elmezzi Foundation.

Second, we wish to thank Amanda Porter, our Administrative Associate, for her work putting this guide together and getting it to the final stage. Amanda’s passion for bringing about change in needy communities combined with an eye for detail was a perfect match for this project.

Third, we want to thank our team of interns, Rosamund Palmer and Deddeh M. Howard, for assisting with project planning, research, synthesis and presentation of the information. Both Rosamund and Deddeh are well on their way to defining exciting careers in urban planning and inclusive development respectively.

We also want to thank Hayden Jackson for her copywriting and content development support as well as Laura Beth Studio, our design firm, for its astuteness in downloading our creative vision for this guide and translating it into a piece that speaks to diverse audiences.

Finally, we cannot thank enough the organizations that shared their information with us in order to make this guide as comprehensive as possible.

Our heartfelt thanks to all involved in this project—those listed above as well as those we might have missed.

Sincerely,

Jose Rivero
Chairman and President
The Thomas and Jeanne Elmezzi Private Foundation
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After-school Programs

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After-School Programs

ACADEMIC SUPPORT PROGRAM: Y-SCHOLARS
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city

Be a top scholar! The Y provides all the academic support and life-skills training you need.

ORGANIZATION: Long Island City YMCA
CONTACT: Gerri Sacino (School Age Child Care Director)
PHONE: 718.392.7932 x6314
E-MAIL: gsacino@ymcanyc.org
AGE: 6th grade through college graduation
DURATION/HR: Year round, but call for specific program times
DETAILS:

ACES CLUBS OUT OF SCHOOL TIME (OST)
PS 706Q, 36–12 35TH AVENUE, QUEENS, NY 11106
http://www.nyjtl.org

Express yourself: Combine a love of sports, arts and learning in the NYJTL’s OST program!

ORGANIZATION: New York Junior Tennis League (NYJTL)
CONTACT: Francisco Vazquez Cordova (Site Director)
PHONE: 718.392.3405 x277
E-MAIL: fjvazquez@nyjtl.org
AGE: K–5th grades
DURATION/HR: School year: Sep–Jun; Summer Camp: Jul–Aug
DETAILS:

ACADEMIC SUPPORT PROGRAM: Y-SCOLARS
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city

Be a top scholar! The Y provides all the academic support and life-skills training you need.

ORGANIZATION: Long Island City YMCA
CONTACT: Gerri Sacino (School Age Child Care Director)
PHONE: 718.392.7932 x6314
E-MAIL: gsacino@ymcanyc.org
AGE: 6th grade through college graduation
DURATION/HR: Year round, but call for specific program times
DETAILS:

ASTORIA BEACON
IS 204Q, 36–41 28TH STREET, LIC, NY 11106
www.hanac.org

Activities include SAT and GED Prep, ESL classes, tutoring and arts and crafts—plus a great Day Camp youth employment program!

ORGANIZATION: HANAC Inc.
CONTACT: Mike Kotrozos
PHONE: 718.433.1989
E-MAIL: mkotrozos@hanac.org
AGE: Middle-school students
DURATION/HR: Sep–Jun, M–F 2:30pm–10pm; Sat & holidays 9am–5pm
DETAILS:

CAREER LAUNCH: PREPARING TEENS FOR OUR NATION’S WORKFORCE
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org

Get ready for an exciting new career! Working individually or in small groups, you’ll explore your interests, look at career options and feel more confident about choosing your career.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 13–18 years old
DURATION/HR: M–F after school, Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

ADOLESCENT LITERACY PROGRAM
IS 204Q, 36–41 28TH STREET, LIC, NY 11106
www.hanac.org

Testing is tough on the brain! Make it a little easier with help from this literacy program.

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 212.360.3300
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6–13 years old
DURATION/HR: Sep–Jun, M–F 3pm–6pm
DETAILS:

AFTER-SCHOOL PROGRAM: CAMP CITY YEAR
PS 112 DUTCH KILLS SCHOOL,
25–05 37TH AVENUE, LIC, NY 11101
http://www.cityyear.org/newyork

The fun doesn’t need to end during winter months! Participate in all kinds of great activities at this winter break day camp.

ORGANIZATION: City Year New York
CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–8th grades
DURATION/HR: Held during winter breaks
DETAILS:

AFTER-SCHOOL PROGRAM: CAMP CITY YEAR
PS 112 DUTCH KILLS SCHOOL,
25–05 37TH AVENUE, LIC, NY 11101
http://www.cityyear.org/newyork

The fun doesn’t need to end during winter months! Participate in all kinds of great activities at this winter break day camp.

ORGANIZATION: City Year New York
CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–8th grades
DURATION/HR: Held during winter breaks
DETAILS:

AFTER-SCHOOL PROGRAMS: ARROW FIELD HOUSE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org

A wide range of specialized after-school programs offers something for everyone. Find the perfect one for you!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 212.360.3300
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6–13 years old
DURATION/HR: Sep–Jun, M–F 3pm–6pm
DETAILS:

AFTER-SCHOOL PROGRAMS: ARROW FIELD HOUSE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org

A wide range of specialized after-school programs offers something for everyone. Find the perfect one for you!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 212.360.3300
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6–13 years old
DURATION/HR: Sep–Jun, M–F 3pm–6pm
DETAILS:

AFTER-SCHOOL PROGRAM: CAMP CITY YEAR
PS 112 DUTCH KILLS SCHOOL,
25–05 37TH AVENUE, LIC, NY 11101
http://www.cityyear.org/newyork

The fun doesn’t need to end during winter months! Participate in all kinds of great activities at this winter break day camp.

ORGANIZATION: City Year New York
CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–8th grades
DURATION/HR: Held during winter breaks
DETAILS:

AFTER-SCHOOL PROGRAMS: ARROW FIELD HOUSE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org

A wide range of specialized after-school programs offers something for everyone. Find the perfect one for you!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 212.360.3300
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6–13 years old
DURATION/HR: Sep–Jun, M–F 3pm–6pm
DETAILS:
**CLUB TECH**
21–12 30th Road, LIC, NY 11102
www.vbgcq.org

Be the tech guru at your school or job! You’ll learn digital imaging, photo tech, game tech, skill tech and Robo tech.

**ORGANIZATION:** Variety Boys & Girls Club of Queens Inc.

**CONTACT:** Nakia Thomas (Membership Manager)

**PHONE:** 718.728.0946
**E-MAIL:** nthomas@vbgcq.org

**AGE:** 6–18 years old

**DURATION/HRS:** M–F after school, Sat 11am–5pm

**NOTE:** Cost is $25 or less (depending on income)

**DETAILS:**

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**COUNCILMATIC AFTER-SCHOOL PROGRAM @ PS 171**
PS 171, 14–12 29th Avenue, Astoria, NY 11102 (St. Catherine’s School)
www.hanac.org

Work hard, play hard. Kids get homework help, and then enjoy play-time, arts activities and continued learning in this well-balanced after-school program.

**ORGANIZATION:** HANAC Inc.

**CONTACT:** Diane Arweiler

**PHONE:** 718.932.0909 or 718.204.2325
**E-MAIL:** darweiler@hanac.org

**AGE:** 7–12 years old

**DURATION/HRS:** Nov–Jun, M–Th 2:30pm–4:30pm

**DETAILS:**

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**FAMILY LITERACY PROGRAM**
23–40 Astoria Boulevard, Astoria, NY 11102
www.ccbq.org

Play an active role in your child’s education. Learn along with them as you support their language and reading skills and improve your own!

**ORGANIZATION:** Catholic Charities of Brooklyn and Queens (Queens North Community Center)

**CONTACT:** Debbie Hampson (CRC, LMHP, Queens Director)

**PHONE:** 718.726.9790
**E-MAIL:** dhampson@ccbq.org

**AGE:** Parents and children of all ages

**DURATION/HRS:** Site is open M–F 9am–5pm, but call for specific program hours

**DETAILS:**

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**HOUR AFTER-SCHOOL PROGRAM**
Saint Rita’s Church Parish, 36–25 11th Street, Lower Level, LIC, NY 11106
www.hourchildren.org

HOURS of fun! Fill those after school hours with a range of exciting activities—from creative arts and public speaking to local field trips.

**ORGANIZATION:** Hour Children

**CONTACT:** Linda Manzione (Program Director)

**PHONE:** 718.433.4724 x14
**E-MAIL:** lmanzione@hourchildren.org

**AGE:** 5–12 years old

**DURATION/HRS:** Throughout the school year, M–F 3pm–6pm

**DETAILS:**

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**IN-SCHOOL PROGRAM: BRINGING BOOKS TO LIFE**
SCHOOL PARTNERS (IN LIC):
• PS 111 Jacob Blackwell
• PS 112 Dutch Kills School
• IS 204 Oliver W. Holmes School
www.cityyear.org/newyork

No need to wait until after school, now you can enhance your reading skills DURING school with this unique program.

**ORGANIZATION:** City Year New York

**CONTACT:** Nicole Tsang (LIC Zone Director)

**PHONE:** 212.675.8881
**E-MAIL:** ntsang@cityyear.org

**AGE:** 3rd–6th grades

**DURATION/HRS:** Oct–Jun

**DETAILS:**

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**LEARN ENGLISH PROGRAM**
The Jeanne Elmezz Adult Learning Center, 37–44 21st Street, LIC, NY 11101
www.queenslibrary.org

All youth with beginner to intermediate English skills are welcome to join a group or practice with a tutor one-on-one.

**ORGANIZATION:** Queens Library (Long Island City Location)

**CONTACT:** Susan Dalmas (Adult Learner Program Manager)

**PHONE:** 718.752.3720
**E-MAIL:** sdalmas@queenslibrary.org

**AGE:** 16 years old and up

**DURATION/HRS:** M–Sat, call for hours and class schedule

**NOTE:** Registration required

**DETAILS:**

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**POWER HOUR: MAKING MINUTES COUNT**
21–12 30th Road, LIC, NY 11102
www.vbgcq.org

Professional homework helpers provide strategies, activities and resources to support kids in becoming self-directed learners.

**ORGANIZATION:** Variety Boys & Girls Club of Queens Inc.

**CONTACT:** Nakia Thomas (Membership Manager)

**PHONE:** 718.728.0946
**E-MAIL:** nthomas@vbgcq.org

**AGE:** 6–18 years old

**DURATION/HRS:** M–F after school, Sat 11am–5pm

**NOTE:** Cost is $25 or less (depending on income)

**DETAILS:**

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**COMMUNITY TRANSFORMATION**
20 West 22nd Street, 3rd Floor, NY, NY 10010
http://www.cityyear.org/newyork

Make your mark in the community! Paint it, plant it and spruce it up with expressive projects around your neighborhood.

**ORGANIZATION:** City Year New York

**CONTACT:** Allie Clarke (Senior Corporate Partnerships Manager)

**PHONE:** 646.330.4142
**E-MAIL:** aclarke@cityyear.org

**AGE:** All ages

**DURATION/HRS:** Half day or full day. Call for information on Service Days and to find projects in your neighborhood.

**NOTE:** Free for volunteers and cost for sponsors is dependent on the number of volunteers and types of service projects

**DETAILS:**

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**LEARN ENGLISH PROGRAM**
The Jeanne Elmezz Adult Learning Center, 37–44 21st Street, LIC, NY 11101
www.queenslibrary.org

All youth with beginner to intermediate English skills are welcome to join a group or practice with a tutor one-on-one.

**ORGANIZATION:** Queens Library (Long Island City Location)

**CONTACT:** Susan Dalmas (Adult Learner Program Manager)

**PHONE:** 718.752.3720
**E-MAIL:** sdalmas@queenslibrary.org

**AGE:** 16 years old and up

**DURATION/HRS:** M–Sat, call for hours and class schedule

**NOTE:** Registration required

**DETAILS:**

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RIIS ACADEMY: INFORMATION TECHNOLOGY HIGH SCHOOL
INFORMATION TECHNOLOGY HIGH SCHOOL, 21–16 44TH ROAD, LIC, NY 11101
www.riissettlement.org
This after-school program has it all! Tutoring, career training, regents preparation and even performance art or journalism—whatever your need or interest, Riis Academy has it covered.

ORGANIZATION: Jacob A. Riis Neighborhood Settlement House
CONTACT: Albert Pollard (Coordinator)
PHONE: 718.784.0050
E-MAIL: apollard@riissettlement.org
AGE: 9th–12th grades
DURATION/HRs: Year round, 3pm–6pm
DETAILS: 

RIIS ACADEMY: PS 166
PS 166, 33–09 35TH AVENUE, LIC, NY 11106
www.riissettlement.org
This after-school program has it all! Tutoring, career training, regents preparation and even performance art or journalism—whatever your need or interest, Riis Academy has it covered.

ORGANIZATION: Jacob A. Riis Neighborhood Settlement House
CONTACT: Pleshette McKnight (Director of Adolescent Services)
PHONE: 718.728.0946
E-MAIL: pmcknight@riissettlement.org
AGE: 6th–8th grades
DURATION/HRs: Year round, 2:30pm–10pm
DETAILS: 

RIIS ACADEMY: QUEENSBRIDGE (ELEMENTARY & MIDDLE SCHOOL)
QUEENSBRIDGE HOUSES, 10–25 41ST AVENUE, LIC, NY 11101
www.riissettlement.org
This after-school program has it all! Tutoring, career training, regents preparation and even performance art or journalism—whatever your need or interest, Riis Academy has it covered.

ORGANIZATION: Jacob A. Riis Neighborhood Settlement House
CONTACT: Veronica Franklin (Coordinator)
PHONE: 718.784.7447 x136
E-MAIL: vfranklin@riissettlement.org
AGE: K–8th grades
DURATION/HRs: Year round, 3pm–6pm
DETAILS: 

RIIS ACADEMY: QUEENSBRIDGE (HIGH SCHOOL)
QUEENSBRIDGE HOUSES, 10–25 41ST AVENUE, LIC, NY 11101
www.riissettlement.org
This after-school program has it all! Tutoring, career training, regents preparation and even performance art or journalism—whatever your need or interest, Riis Academy has it covered.

ORGANIZATION: Jacob A. Riis Neighborhood Settlement House
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.784.4747 x189
E-MAIL: nthomas@riissettlement.org
AGE: K–12th grades
DURATION/HRs: Year round, 4pm–7:30pm
DETAILS: 

SMARTIES TUTORING CENTER
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org
Get smart! This program offers your child individualized tutoring tailored to his or her specific learning needs.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 6–18 years old
DURATION/HRs: M–F after school, Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)
DETAILS: 

PRE-GED CLASS
THE JEANNE ELMZETT ADULT LEARNING CENTER, 37–44 21ST STREET, LIC, NY 11101
www.queenslibrary.org
Get super-ready for GED classes: English-speaking adults can learn the reading, writing, math and test-taking skills they need to succeed.

ORGANIZATION: Queens Library (Long Island City Location)
CONTACT: Susan Dalmas (Adult Learner Program Manager)
PHONE: 718.752.3720
E-MAIL: sdlamas@queenslibrary.org
AGE: 16 years old and up
DURATION/HRs: M–Sat, call for hours
NOTE: Registration required
DETAILS: 

PRE-K ESOL FAMILY LITERACY PROGRAM
THE RAVENSWOOD FAMILY CENTER, 35–32 21ST STREET, LIC, NY 11106
www.queenslibrary.org
Become your child’s primary teacher! Learn various parenting skills, improve your English language skills alongside your child and get involved in their education and future.

ORGANIZATION: Queens Library (Long Island City Ravenswood Location)
CONTACT: Silvana Vasconcelos (Family Literacy Program Manager)
PHONE: 718.784.2112
E-MAIL: ssvasconcelos@queenslibrary.org
AGE: 1–12 years old
DURATION/HRs: After school throughout the school year
NOTE: Registration required
DETAILS: 

PUBLIC LIBRARY SYSTEM OF QUEENS COUNTY
THE KEYSTONE CLUB
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org
Become a leader! Adult advisors help you make a positive impact on yourself, your peers and your community.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 6–18 years old
DURATION/hrs: M–F after school, Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

THE SERVICE LEARNING PROGRAM: LEADERS CLUB
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Change history—shape policies! Study policy and governmental process, then present your own proposed legislation at the NY State Capital.

ORGANIZATION: Long Island City YMCA
CONTACT: Jenna Pasternak (Teen Coordinator)
PHONE: 718.392.7932 x6329
E-MAIL: jpasternak@ymcanyc.org
AGE: 11–19 years old
DURATION/hrs: T 4pm–6pm
DETAILS:

TORCH CLUB PROGRAM
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org
Do you have big ideas for big changes? Learn the skills you need to get involved in the democratic process and become a leader in your community.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 6–18 years old
DURATION/hrs: W 4:30pm–6:30pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

THE SERVICE LEARNING PROGRAM: YOUTH AND GOVERNMENT
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Reach your full potential. Expand your mind and strengthen your body with educational, health and recreation programs after school!

ORGANIZATION: Long Island City YMCA
CONTACT: Gerri Sacino (School Age Child Care Director)
PHONE: 718.392.7932 x6314
E-MAIL: gsacino@ymcanyc.org
AGE: 5–14 years old
DURATION/hrs: School year, M–F 3pm–6pm
DETAILS:

Y- AFTER SCHOOL PROGRAM
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Get involved in your community after school: learn about social issues while making a difference in one of six age-appropriate community service projects.

ORGANIZATION: City Year New York
CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–6th grades
DURATION/hrs: Oct–Jun
DETAILS:

YOUTH LITERACY CLASSES
THE JEANNE ELMEZZI ADULT LEARNING CENTER, 37–44 21ST STREET, LIC, NY 11101
www.queenslibrary.org
Not prepared to take the GED? You can be! Get the skills you need to take GED classes, plus referrals for internships and jobs, computer access and even a free MetroCard.

ORGANIZATION: Catholic Charities of Brooklyn and Queens (Queens North Community Center)
CONTACT: Theresa Yuan (Director of Youth Programs)
PHONE: 718.726.9790
E-MAIL: tyan@ccbq.org
AGE: 16–24 years old
DURATION/hrs: M–Sat, call for hours and class schedule
DETAILS:

YOUTH LEADERSHIP:
STARFISH CORPS.
SCHOOL PARTNERS (IN LIC):
• PS 111 JACOB BLACKWELL
• PS 112 DUTCH KILLS SCHOOL
www.cityyear.org/new york
Get involved in your community after school: learn about social issues
AQUATICS PROGRAM (2ND GRADE SWIM & Y-SPASH)
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Have fun and stay safe in the water! Learn safety and rescue techniques and develop your strokes to become a strong swimmer.

ORGANIZATION: Long Island City YMCA
CONTACT: Mobinder Rana (Aquatics Director)
PHONE: 718.392.7932 x6320
E-MAIL: mrana@ymcanyc.org
AGE: Y-Splash for children and families of all ages and 2nd Grade Swim for youth 6–7 years old
DURATION/HRS: Call for class dates and times
DETAILS:

ARROW: COMMUNITY-BASED PROGRAMS — CAPOEIRA
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Join your community and master art forms from around the world. Tons of classes available for ages 4 and up!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 4 years old and up
DURATION/HRS: Sat 2:30pm–3:30pm
NOTE: Child registration and shirt is $70. After registration, classes are free to children.
DETAILS:

ARROW: GYMBOREE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Give your little ball of energy a place to thrive. Gymboree gives toddlers a place to sing, dance and get to know each other.

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 18–24 months old
DURATION/HRS: T, F 10am–11am
DETAILS:

ARROW: OPEN BASKETBALL
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Think you’ve got game? All youth ages 13 to 19 are welcome to come play on ARROW’s courts!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 13–19 years old
DURATION/HRS: T, Th 6pm–8:50pm; W 6pm–7:50pm
DETAILS:

ARROW: RECREATION CENTER SPORTS EXPERIENCE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Learn and play sports during the week and stop by for arts and crafts on Saturdays!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manger)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6 years old and up
DURATION/HRS: Program runs Mar–Oct, every fourth Sat 10am–2pm
NOTE: Registration required
DETAILS:

ARROW: SHAPE-UP NYC CLASSES — CARDIO DANCE
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Work out and shape up with an exciting mix of aerobic, martial arts, dance and yoga classes that will save you from a boring workout routine!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: All ages
DURATION/HRS: Sat 12pm–1pm; drop in, call or look online for class schedules
DETAILS:

ARROW: SUPER SATURDAY
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Come enjoy a super Saturday with activities like arts and crafts, visual and fine arts instruction and even computer mastery!

ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 6 years old and up
DURATION/HRS: Program runs Mar–Oct, every fourth Sat 10am–2pm
NOTE: Registration required
DETAILS:
C.H.A.M.P.S. MIDDLE SCHOOL SPORTS AND FITNESS

LOCATIONS:
• ALBERT SHANKER SCHOOL FOR VISUAL AND PERFORMING ARTS (Q126)
• FRANK SINATRA SCHOOL OF THE ARTS HIGH SCHOOL
• IS 204 OLIVER W. HOLMES
• YOUNG WOMEN’S LEADERSHIP SCHOOL, ASTORIA
• ACADEMY FOR NEW AMERICANS (Q235)

www.schools.nyc.gov/Academics/FitnessandHealth/Champs

Get your game face on before AND after school! Work on your athletic skills with training, games, skill showcases, tournaments and special events.

ORGANIZATION: Sports and Arts in Schools Foundation (SASF)

CONTACT: Candice C. Haynes (Program Coordinator)
PHONE: 718.786.7110
E-MAIL: chaynes@sasfny.org

AGE: 6th–8th grades
DURATION/hrs: Three 12-week seasons throughout the school year

COMMUNITY TENNIS PROGRAM
IS 204, 36–41 28TH STREET, QUEENS, NY 11106
www.nyjtl.org
Start your road to Wimbledon! Learn how to dominate the tennis courts AND the class room with trained coaches and special events.

ORGANIZATION: New York Junior Tennis League (NYJTL)

CONTACT: Ruth Camargo
PHONE: 917.613.4834
AGE: 6–18 years old
DURATION/hrs: M–F 3pm–6pm

DRAMA COUNTS
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org

Have a flair for the dramatic? Express yourself and let your star power shine at “Drama Counts!”

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.

CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: Middle school and high school aged girls
DURATION/hrs: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)

DETAILS:

FLAG FOOTBALL
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org

Come throw the pigskin around and compete against other teams for the title of flag football champion!

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.

CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: Middle school and high school aged boys
DURATION/hrs: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)

DETAILS:

IN-SCHOOL PROGRAM: LUNCH CLUBS

SCHOOL PARTNERS (IN LIC):
• IS 126 ALBERT SHANKER
• PS 111 JACOB BLACKWELL
• PS 112 DUTCH KILLS SCHOOL
• IS 204 OLIVER W. HOLMES SCHOOL
www.cityyear.org/newyork

Cram more fun into your school day. At this lunchtime club, you’ll learn to become a leader, artist, athlete or journalist!

ORGANIZATION: City Year New York

CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–8th grades
DURATION/hrs: Sep–Jun during school hours

DETAILS:

IN-TER-MURRAL BASKETBALL
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org

So you think you’re going pro? Come test your basketball skills at Variety’s sleek new courts and see if you have what it takes to become the next Lebron.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.

CONTACT: Nakia Thomas
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: Middle school and high school students
DURATION/hrs: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)

DETAILS:

GIRL’S SOCCER CLINIC
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org

For girls only! Want to learn how to bend it like Beckham? Improve your skills by attending this interactive, fast-past soccer clinic.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.

CONTACT: Nakia Thomas
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: Middle school and high school aged girls
DURATION/hrs: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)

DETAILS:

IN-ScHOOL prOgrAM:
LUNcH cLUBS

SCHOOL PARTNERS (In LIC):
• IS 126 ALBERT SHANKER
• PS 111 JACOB BLACKWELL
• PS 112 DUTCH KILLS SCHOOL
• IS 204 OLIVER W. HOLMES SCHOOL
www.cityyear.org/newyork

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LUNcH cLUBS

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• PS 112 DUTCH KILLS SCHOOL
• IS 204 OLIVER W. HOLMES SCHOOL
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• PS 112 DUTCH KILLS SCHOOL
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AGE: 3rd–8th grades
DURATION/hrs: Sep–Jun during school hours

DETAILS:

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LUNcH cLUBS

SCHOOL PARTNERS (In LIC):
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• PS 112 DUTCH KILLS SCHOOL
• IS 204 OLIVER W. HOLMES SCHOOL
www.cityyear.org/newyork

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AGE: 3rd–8th grades
DURATION/hrs: Sep–Jun during school hours

DETAILS:

IN-ScHOOL prOgrAM:
LUNcH cLUBS

SCHOOL PARTNERS (In LIC):
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www.cityyear.org/newyork

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E-MAIL: ntsang@cityyear.org
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DURATION/hrs: Sep–Jun during school hours

DETAILS:

IN-ScHOOL prOgrAM:
LUNcH cLUBS

SCHOOL PARTNERS (In LIC):
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DURATION/hrs: Sep–Jun during school hours

DETAILS:

IN-ScHOOL prOgrAM:
LUNcH cLUBS

SCHOOL PARTNERS (In LIC):
• IS 126 ALBERT SHANKER
• PS 111 JACOB BLACKWELL
• PS 112 DUTCH KILLS SCHOOL
• IS 204 OLIVER W. HOLMES SCHOOL
www.cityyear.org/newyork

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ORGANIZATION: City Year New York

CONTACT: Nicole Tsang (LIC Zone Director)
PHONE: 212.675.8881
E-MAIL: ntsang@cityyear.org
AGE: 3rd–8th grades
DURATION/hrs: Sep–Jun during school hours

DETAILS:
KITCHEN TIME WITH CAROLYN
21–12 30TH ROAD, LIC, NY 11102
www.moonsoup.net
Take your taste buds on a trip to Mexico, China, India, Morocco and more while learning how to cook nutritious food that tastes delicious!

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 8–17 years old
DURATION/HRS: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

MUSIC AND DANCE LESSONS
26–80 30TH STREET, ASTORIA, NY 11102
www.greekculturalcenter.org
Welcome infants and new parents! Join classes, attend parties and events and meet other parents.

ORGANIZATION: The Greek Cultural Center, Inc
CONTACT: Susan Izatt (Director of Early Childhood & Community Initiatives)
PHONE: 631.613.6505
E-MAIL: info@greekculturalcenter.org
AGE: 2 months–4 years old and parents
DURATION/HRS: Class times vary; call for schedules
DETAILS:

OPEN STUDIO (FAMILY PROGRAMS)
9–01 33RD ROAD (AT VERNON BOULEVARD), LIC, NY
www.noguchi.org
Explore a world-famous museum in your own backyard! Tour the galleries with your family, then make art to respond to the experience!

ORGANIZATION: The Noguchi Museum
CONTACT: Melissa Wolf (Development Director)
PHONE: 718.204.7088
E-MAIL: info@noguchi.org
AGE: 2–11 years old
DURATION/HRS: Oct–Jun, every Sat 12pm–2pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

SMART GIRLS PROGRAM
21–12 30TH ROAD, LIC, NY 11102
www.vbgcq.org
You are perfect in every way! Learn to love your body and yourself at the Smart Girls program.

ORGANIZATION: Variety Boys & Girls Club of Queens Inc.
CONTACT: Nakia Thomas (Membership Manager)
PHONE: 718.728.0946
E-MAIL: nthomas@vbgcq.org
AGE: 8–17 year old girls
DURATION/HRS: M–F after school and Sat 11am–5pm
NOTE: Cost is $25 or less (depending on income)
DETAILS:

TEAM SPORTS
2325 NEWTON AVE, ASTORIA, NY 11102
www.mountcarmelastoria.org
Go team, go! Learn how to be a team player in an all inclusive recreational environment.

ORGANIZATION: Our Lady of Mt. Carmel Parish Inc
CONTACT: Steven Leoutsakos (Parish Athletic Representative)
PHONE: 718.278.1834
E-MAIL: church@mountcarmelastoria.org
AGE: 5–17 years old
DURATION/HRS: Sep–Jun, M–F 5pm–10pm, Sat & Sun 9am–9pm
DETAILS:

ARTS & RECREATION
THE HEALTHY LIFESTYLES PROGRAM: HEALTHY KIDS INITIATIVE
32–23 Queens Boulevard, LIC, NY 11101
www.ymcanyc.org/long-island-city
Get an early start on a long and healthy life! Take fitness classes and get nutrition advice.

ORGANIZATION: Long Island City YMCA
CONTACT: Eli Linthicum (Sports Coordinator)
PHONE: 718.728.0946
E-MAIL: elinthicum@ymcanyc.org
AGE: 6–12 years old
DURATION/hrs: Sat & Sun 11am–12:30pm
DETAILS:

THE SPORTS SECTOR
32–23 Queens Boulevard, LIC, NY 11101
www.ymcanyc.org/long-island-city
Love sports? This is the program for you! Attend professional sporting events, play sports and enhance your sports skills.

ORGANIZATION: Long Island City YMCA
CONTACT: Eli Linthicum (Sports Coordinator)
PHONE: 718.392.7932 x6325
E-MAIL: elinthicum@ymcanyc.org
AGE: 7–12 years old
DURATION/hrs: Times vary; call for details
DETAILS:

THE HEALTHY LIFESTYLES PROGRAM: INTRODUCTION TO SPORTS
32–23 Queens Boulevard, LIC, NY 11101
www.ymcanyc.org/long-island-city
Which sport is best for you? Test your skills at soccer, basketball, baseball and more. You’ll be sure to find the sport you love the most!

ORGANIZATION: Long Island City YMCA
CONTACT: Eli Linthicum (Sports Coordinator)
PHONE: 718.728.0946
E-MAIL: elinthicum@ymcanyc.org
AGE: 4–8 years old
DURATION/hrs: T 4:30pm–6pm
DETAILS:
1. After-School Program: LIC Kids
2. Aquatics (Early Childhood)
3. ARROW: Tiny Tots
4. Child Watch
5. Daycare & Headstart
6. Daycare & Universal Pre-K
7. Head Start
8. Healthy Lifestyles
9. Hour Early Learning Program (HELP) Daycare Center
10. Joseph DiMarco Child Care Center
11. Licensed After-School Care
12. Licensed Group Family Day Care
13. Msgr. Andrew Landi Child Care Center
14. Nursery School & Universal Pre-Kindergarten
15. Pre-school
16. Pre-School Alternative Program
17. St. Margaret Mary Headstart
18. Universal Pre-K
19. Yoga & Music Birthday Parties

Map of Queensbridge Park and Queens Midtown Expy areas with street names and locations marked.
AFTER-SCHOOL PROGRAM: LIC KIDS
5–02 50TH AVENUE, QUEENS, NY 11101
www.lickids.com
Enrich your mind and body! Join the “knowledge club” and practice everything from math and reading to yoga and martial arts.
ORGANIZATION: Long Island City Kids
CONTACT: Nicole Savage (Managing Director)
PHONE: 718.392.KIDS
E-MAIL: info@lickids.com
AGE: 3.5–10 years old
DURATION/hrs: M–F 3pm–6:30pm
NOTE: Call for specific fee information
DETAILS: 🏊‍♂️رياضيات وقراءة

AQUATICS (EARLY CHILDHOOD)
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Get in the water with your child and help them learn to swim in a safe and fun environment! Watch as they graduate from a “Shrimp” to a “Starfish” before your eyes.
ORGANIZATION: Long Island City YMCA
CONTACT: Mohinder Rana (Aquatics Director)
PHONE: 718.392.7932 x6320
E-MAIL: mrana@ymcanyc.org
AGE: Parent/Child Swim 6–36 months; Pre-school swim 3–5 years
DURATION/hrs: Call for class schedule; schedules vary depending on child’s age
DETAILS: 🏊‍♂️ırlık programı

ARROW: TINY TOTS
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities
Give your child a head start on a great education. Tiny Tots ages 2 to 4 learn basic skills to prepare them for kindergarten success.
ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: Tots I: 2–3 years old; Tots II: 3–4 years old
DURATION/hrs: Tots I: W–Th 10am–11am (call for Tots II schedule)
DETAILS: 🏊‍♂️ الرياضيات والقراءة

CHILD WATCH
32–23 QUEENS BOULEVARD, LIC, NY 11101
www.ymcanyc.org/long-island-city
Want the workout without the toddler? Drop them off at Child Watch and hit the gym!
ORGANIZATION: Long Island City YMCA
CONTACT: Nancy Polanco (Early Childhood Director)
PHONE: 718.392.7932 x6316
E-MAIL: npolanco2@ymcanyc.org
AGE: 6 months–7 years old
DURATION/hrs: 2 hours maximum/day; hours vary; call for schedule
NOTE: Child watch services are free for all adult and family members; program participants must pay $20 for two hours of babysitting services or $225 per month
DETAILS: 🏊‍♂️ الرياضيات والقراءة

DAYCARE & HEAD START
10–26 41ST AVENUE, LIC, NY 11101
www.palny.org
Get Head Start or Daycare services, plus nutritious and delicious meals for your kids!
ORGANIZATION: PAL Western Queens Nursery School / Early Learning Center
CONTACT: Vanesia Richardson (Group Teacher)
PHONE: 718.784.2092
E-MAIL: palwesternqueens@gmail.com
AGE: Daycare/UPK: 3 months–6 years old; Afterschool: 6–12 years old
DURATION/hrs: M–F 8am–6pm
NOTE: Call for prices
DETAILS: 🏊‍♂️ الرياضيات والقراءة

HEAD START
36–49 11TH STREET, LIC, NY 11106
Come learn along with your child and help shape their early education experience with People’s Head Start.
ORGANIZATION: Peoples United Methodist Head Start
CONTACT: Susan Boyle (Family Assistant)
PHONE: 718.937.2216
E-MAIL: peoplesheadstart@gmail.com
AGE: 3–5 years old
DURATION/hrs: Two half-day sessions during the summer and full-day sessions during the school year
NOTE: Fees are based on income and free if eligible
DETAILS: 🏊‍♂️ الرياضيات والقراءة
This school meets your child’s unique needs: from educational and social development to speech therapy.

**ORGANIZATION:** Catholic Charities of Brooklyn and Queens  
**CONTACT:** Nilsa Urena (Program Director)  
**PHONE:** 718.784.2856  
**E-MAIL:** nurena@ccbq.org  
**AGE:** 2–5 years old  
**DURATION/HS:** M–F 2pm–6pm  
**NOTE:** Fee based on family income and ACS scale; parents must work at least 20 hours or be enrolled in school  
**DETAILS:**

**LICENSED AFTER-SCHOOL CARE**  
30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102  
www.astoriadaycare.com  
Get quality care for your kids—after school, during holidays and even during school vacations.

**ORGANIZATION:** A Learning Odyssey Day Care (formerly listed as Astoria Day Care)  
**CONTACT:** Arete Galanis, LCSW (Director; Clinical Social Worker and Psychotherapist)  
**PHONE:** 718.956.5390  
**E-MAIL:** alod123@gmail.com  
**AGE:** K–6th grades  
**DURATION/HS:** M–F 2pm–6pm  
**NOTE:** Fee based on family income and ACS scale; parents must work at least 20 hours or be enrolled in school  
**DETAILS:**

**LICENSED GROUP FAMILY DAY CARE**  
30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102  
www.astoriadaycare.com  
Need flexible, quality daycare? Get 12-hour daycare with licensed professionals in a sunny and spacious environment.

**ORGANIZATION:** A Learning Odyssey Day Care (formerly listed as Astoria Day Care)  
**CONTACT:** Arete Galanis, LCSW (Director; Clinical Social Worker and Psychotherapist)  
**PHONE:** 718.956.5390  
**E-MAIL:** alod123@gmail.com  
**AGE:** 3 months–5 years old  
**DURATION/HS:** M–F 8am–6pm  
**NOTE:** $150 registration fee and $8–$15 per hour  
**DETAILS:**

**LICENSED AFTER-SCHOOL CARE**  
30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102  
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**PHONE:** 718.956.5390  
**E-MAIL:** alod123@gmail.com  
**AGE:** K–6th grades  
**DURATION/HS:** M–F 2pm–6pm  
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**E-MAIL:** alod123@gmail.com  
**AGE:** 3 months–5 years old  
**DURATION/HS:** M–F 8am–6pm  
**NOTE:** $150 registration fee and $8–$15 per hour  
**DETAILS:**

**LICENSED AFTER-SCHOOL CARE**  
30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102  
www.astoriadaycare.com  
Get quality care for your kids—after school, during holidays and even during school vacations.

**ORGANIZATION:** A Learning Odyssey Day Care (formerly listed as Astoria Day Care)  
**CONTACT:** Arete Galanis, LCSW (Director; Clinical Social Worker and Psychotherapist)  
**PHONE:** 718.956.5390  
**E-MAIL:** alod123@gmail.com  
**AGE:** K–6th grades  
**DURATION/HS:** M–F 2pm–6pm  
**NOTE:** Fee based on family income and ACS scale; parents must work at least 20 hours or be enrolled in school  
**DETAILS:**

**LICENSED GROUP FAMILY DAY CARE**  
30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102  
www.astoriadaycare.com  
Need flexible, quality daycare? Get 12-hour daycare with licensed professionals in a sunny and spacious environment.
**ST. MARGARET MARY HEAD START**

9–16 27TH AVENUE, LIC, NY 11102

www.ccbq.org/what-we-do/early-childhood-services

Give your child a strong foundation. This program offers activities that support cognitive, social, emotional and physical development in your little one.

**ORGANIZATION:** Catholic Charities of Brooklyn and Queens

**CONTACT:** Carole May (Program Director); Catherine Sosa (Family Service Coordinator)

**PHONE:** 718.721.8065 or 8211

**E-MAIL:** cmay@ccbq.org

**AGE:** 3–5.6 years old

**DURATION/HRS:** M–F 8am–4pm

**NOTE:** Family income must be at or below Federal Poverty Guidelines. Priority is given to children in foster care, children who are affected by homelessness, children with disabilities and those families facing at-risk situations (domestic violence, drug or child abuse)

**DETAILS:**

**UNIVERSAL PRE-K**

36–02 14TH STREET, ASTORIA, NY 11106

Send your young child to an environment filled with learning and development opportunities.

**ORGANIZATION:** Jackson Development Center: Astoria Site

**CONTACT:** Nancy Finkel (Principal)

**PHONE:** 718.392.2510

**E-MAIL:** jackchildserv@aol.com

**AGE:** Birth–5 years old

**DURATION/HRS:** Class schedules vary based on age, but call for details

**DETAILS:**

**YOGA & MUSIC BIRTHDAY PARTIES**

30–83 30TH STREET, SUITE 1–L, ASTORIA, NY 11102

www.astoriadaycare.com

Need ideas for a birthday party? Looking for something new to stimulate your child’s body and spirit? How about yoga and music!

**ORGANIZATION:** A Learning Odyssey Day Care (formerly listed as Astoria Day Care)

**CONTACT:** Arete Galanis, LCSW (Director; Clinical Social Worker and Psychotherapist)

**PHONE:** 718.956.5390

**E-MAIL:** aloid123@gmail.com

**AGE:** Newborn to grade school

**DURATION/HRS:** M–F 8am–6pm

**NOTE:** Please call for fee information

**DETAILS:**
SECTION 4
Community Resources

1. A.R.R.O.W (Astoria Residents Reclaiming Our World)
   Field House
2. Astoria Park
3. Astoria Performing Arts Theater
4. Computer Lab
5. Computer Resource Center
6. Food Pantry
7. School Tours
8. School Tours (Noguchi)
9. Thrift Stores & Furniture Outlet
10. Workshops and Referrals
**ARROW (ASTORIA RESIDENTS RECLAIMING OUR WORLD) FIELD HOUSE**
35–30 35TH STREET, ASTORIA, NY 11106
www.nycgovparks.org/facilities

Play basketball, swim, work in the garden, make art, dance, play games...the options are endless at ARROW.

**ORGANIZATION:** New York City Department of Parks and Recreation  
**CONTACT:** Joan Herrera (Center Manager)  
**PHONE:** 718.349.0444; 718.349.3408  
**E-MAIL:** joan.herrera@parks.nyc.gov  
**AGE:** All ages  
**DURATION/HRS:** Call for performance schedules  
**NOTE:** Ticket prices may vary; call for prices  
**DETAILS:**

**ASTORIA PARK**
19TH STREET AND 23RD DRIVE  
www.nycgovparks.org/parks/AstoriaPark

If you haven’t visited this lovely park by the water, now’s the time—there’s an indoor AND outdoor pool too!

**ORGANIZATION:** New York City Department of Parks and Recreation  
**PHONE:** Call 311 for general information  
**AGE:** 3 years old and up  
**DURATION/HRS:** Call 718.520.5916 for program dates and registration details  
**DETAILS:**

**ASTORIA PERFORMING ARTS THEATER**
GOOD SHEPHERD UNITED METHODIST CHURCH, THEATER, 30–44 CRESCENT STREET (AT 30TH ROAD), ASTORIA, NY 11102  
www.apacny.org

Be a part of the arts! Attend a show or be a part of one by submitting a script or auditioning. Check out APAC’s performances calendar and get involved!

**ORGANIZATION:** Astoria Performing Arts Center  
**PHONE:** 718.706.5750  
**E-MAIL:** info@apacny.org  
**AGE:** All ages  
**DURATION/HRS:** Please call for performance schedules  
**NOTE:** Registration required  
**DETAILS:**

**COMPUTER LAB**
THE JEANNE ELMEZI ADULT LEARNING CENTER, 37–44 21ST STREET, LIC, NY 11101  
www.queenslibrary.org

Computers are amazing tools. Attend this computer lab and learn how they can help you learn and improve your language skills.

**ORGANIZATION:** Queens Library (Long Island City Location)  
**CONTACT:** Susan Dalmas (Adult Learner Program Manager)  
**PHONE:** 718.752.3720  
**E-MAIL:** sdalmas@queenslibrary.org  
**AGE:** 17–24 years old  
**DURATION/HRS:** M–Sat, call for hours and class schedule.  
**NOTE:** Registration required  
**DETAILS:**

**COMPUTER RESOURCE CENTER**
35–30 35TH STREET, ASTORIA, NY 11106  
www.nycgovparks.org

High-speed internet access, professional and educational software, printing capabilities, drop-in hours and most importantly, workshops and classes to teach you how to use it all.

**ORGANIZATION:** New York City Department of Parks and Recreation  
**CONTACT:** Joan Herrera (Center Manager)  
**PHONE:** 718.349.0444  
**E-MAIL:** joan.herrera@parks.nyc.gov  
**AGE:** 6–13 years old  
**DURATION/HRS:** Sep–Jun, M–F 3pm–6pm  
**NOTE:** Registration required  
**DETAILS:**

**FOOD PANTRY**
36–49 11 STREET, LIC, NY 11106 (LOCATED IN ST. RITA’S PARKING LOT)  
www.hourchildren.org

Get access to emergency food, food stamp assistance and case management services when you’re in need.

**ORGANIZATION:** Hour Children  
**CONTACT:** Millie Pearce (Food Pantry Assistant)  
**PHONE:** 718.482.8226  
**E-MAIL:** lmanzione@hourchildren.org  
**AGE:** All ages  
**DURATION/HRS:** M 2pm–6pm, Th 4pm–7pm  
**DETAILS:**

**SCHOOL TOURS**
QUINN BUILDING, 35–20 BROADWAY, 4TH FLOOR, LIC, NY 11106  
www.astorialic.org

Discover the rich history of Queens with tours, field trips and presentations. There are more treasures in your neighborhood than you might think.

**ORGANIZATION:** Greater Astoria Historical Society  
**CONTACT:** Bob Singleton (Executive Director)  
**PHONE:** 718.278.0700  
**E-MAIL:** astorialic@gmail.com  
**AGE:** 6–14 years old  
**DURATION/HRS:** M & T, call to make time/date arrangements  
**DETAILS:**
SCHOOL TOURS
9–01 33RD ROAD (AT VERNON BOULEVARD), LIC, NY
www.noguchi.org/programs/education/schools
Visit the museum with your class to learn about the exhibits, explore a theme and participate in related activities.

ORGANIZATION: The Noguchi Museum
CONTACT: Melissa Wolf (Development Director)
PHONE: 718.204.7088 x203
E-MAIL: education@noguchi.org
AGE: Pre-K–high school
DURATION/HRS: 1 hour tours throughout the school year
DETAILS: 

WORKSHOPS AND REFERRALS
THE JEANNE ELMERZI ADULT LEARNING CENTER, 37–44 21ST STREET, LIC, NY 11101
www.queenslibrary.org
Career, health, immigration and social services—get the help and resources you need to get your life on track.

ORGANIZATION: Queens Library (Long Island City Location)
CONTACT: Susan Dalmas (Adult Learner Program Manager)
PHONE: 718.752.3720
E-MAIL: sdalmas@queenslibrary.org
AGE: 17–24 years old
DURATION/HRS: M–Sat, call for hours and class schedule
DETAILS: 

THRIFT STORES & FURNITURE OUTLET
LOCATIONS:
• CHANGES, 25–09 36TH AVENUE, LIC, NY 11106
• THE ATTIC, 35–53 CRESCENT STREET, LIC, NY 11106
• FANCY THRIFT, 12–10 36TH AVENUE, LIC, NY 11106
www.hourchildren.org
Go shopping for less! Changes, The Attic and Fancy Thrift offer a wide selection of thrift items donated from all five boroughs.

ORGANIZATION: Hour Children
CONTACT: Sandra Elmer (Front Desk/Pick-up Coordinator)
PHONE: 718.433.4724
E-MAIL: lmanzione@hourchildren.org
AGE: All ages
DURATION/HRS: Changes: M–Sat 11am–7pm; The Attic: M–Sat 9am–5pm; Fancy Thrift: M–Sat 10am–6pm
NOTE: Sale prices vary according to merchandise
DETAILS: 

COMMUNITY RESOURCES
SECTION 5
Social & Health Services

1. Adolescent-At-Risk Services
2. Astoria Community Residence
3. Child & Family Counseling Program
4. Crime Victims Services
5. Healthy LIC
6. Hour Friend in Deed
7. Hour Working Women Program (HWWP)
8. Long Island City Health Center
9. Martin DePorres Clinic
10. Queens North Community Center (QNCC)
11. Queens On-Site School-Based Programming
12. Services for Pregnant Women (QNCC)
13. Steinway Mental Health Clinic
14. The Adult Blended Case Management Program
15. The Home and Community Waiver Based Services (HCBS) Program
16. The Queens Children's Blended Case Management Program
**SECTION 5**

**Social & Health Services**

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**ADOLESCENT-AT-RISK SERVICES**
41–40 27TH STREET, LIC, NY 11101
www.thefloatinghospital.org

Teens awaiting foster care, custody hearings and placement can get medical and dental treatment as well as one-on-one help with substance abuse issues, hygiene, nutrition and exercise.

**ORGANIZATION:** The Floating Hospital  
**CONTACT:** Michelle Morgan (Sr. Health Educator)  
**PHONE:** 718.784.2240 x117  
**E-MAIL:** mmorgan@thefloatinghospital.org  
**AGE:** 8–17 years old  
**DURATION/HRS:** M–F 9am–5pm  
**NOTE:** Most insurance plans accepted; Medicaid plans accepted; affordable cash payment discount plans available  
**DETAILS:** N/A

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**ASTORIA COMMUNITY RESIDENCE**
11–40 31ST AVENUE, ASTORIA, NY 11106  
www.steinway.org

Social and health services for youth and families in Astoria Community Residence.

**ORGANIZATION:** Steinway Child and Family Services, Inc. (SCFS)  
**CONTACT:** Kelly Ionescucu (Program Coordinator)  
**PHONE:** 718.389.5100  
**E-MAIL:** Kionescu@steinway.org  
**AGE:** All ages  
**DURATION/HRS:** M–Sat, call for specific program hours  
**NOTE:** Self pay, sliding scale, but call to see which insurance plans are accepted  
**DETAILS:**

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**CHILD & FAMILY COUNSELING PROGRAM**
31–14 30TH AVENUE, ASTORIA, NY 11102  
www.hanac.org

Work it out! Learn healthy coping strategies, problem-solving and anger-management skills to prevent foster care and reunite foster children with their families.

**ORGANIZATION:** HANAC Inc.  
**CONTACT:** Jean Sotirkis  
**PHONE:** 718.728.3586  
**E-MAIL:** Jsotirakis@hanac.org  
**AGE:** Families with kids 18 and under  
**DURATION/HRS:** M–F 9am–5pm  
**DETAILS:**

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**CRIME VICTIMS SERVICES**
23–16 30TH AVENUE, ASTORIA, NY 11102  
www.hanac.org

Have you been the victim of a crime? Get the support you need to cope with the aftermath of this traumatic experience.

**ORGANIZATION:** HANAC Inc.  
**CONTACT:** John Katsias  
**PHONE:** 718.728.3811  
**E-MAIL:** jkatsias@hanac.org  
**AGE:** All victims  
**DURATION/HRS:** M–Th 9am–7pm, F 9am–5pm  
**DETAILS:**

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**HEALTHY LIC**
41–40 27TH STREET, LIC, NY 11101  
www.healthylic.org

A Federally qualified health center providing one-stop medical, cardiology, dental and mental health care for the local community.

**ORGANIZATION:** The Floating Hospital  
**CONTACT:** Cynthia Davis (Director, Community Outreach)  
**PHONE:** 718.784.2240 x273  
**E-MAIL:** cdavis@thefloatinghospital.org  
**AGE:** All ages  
**DURATION/HRS:** M–F 9am–5pm  
**NOTE:** Most insurance plans accepted; Medicaid plans accepted; affordable cash payment discount plans available  
**DETAILS:**

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**HOUR FRIEND IN DEED**
13–07 37TH AVENUE, LIC, NY 11101  
www.hourchildren.org

Want to make a different in a child’s life? This mentoring program lets you create a lasting bond through the educational and recreational activities of your choice!

**ORGANIZATION:** Hour Children  
**CONTACT:** Kellie Phelan (Mentoring Coordinator)  
**PHONE:** 718.433.4724 x13  
**E-MAIL:** kphelan@hourchildren.org  
**AGE:** 4–18 years old  
**DURATION/HRS:** Scheduled between mentor and mentee  
**DETAILS:**

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**HOUR WORKING WOMEN PROGRAM (HWWP)**
12–02 36 AVENUE, LIC, NY 11106  
www.hourchildren.org

On-the-job training, employment education, management classes and seminars in areas of office, retail/marketing and building maintenance.

**ORGANIZATION:** Hour Children  
**CONTACT:** Johanna Flores (HWWP Coordinator)  
**PHONE:** 718.606.9868  
**E-MAIL:** jflores@hourchildren.org  
**AGE:** 18 years and older  
**DURATION/HRS:** M–F 9am–5pm  
**DETAILS:**

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LONG ISLAND CITY HEALTH CENTER
36–11 21ST STREET, LIC, NY 11106
www.chnnyc.org/locations/lic
Health care services for all ages: provides immunizations, physicals, testing and treatment, nutrition counseling, preventative care and much more. Translations are available in over 150 languages.

ORGANIZATION: Community Healthcare Network
CONTACT: Anibal Negron (Center Director)
PHONE: 718.482.7772
EMAIL: anegron@chnnyc.org
AGE: All ages
DURATION/HRS: M–F 9am–5pm
NOTE: There are several ways to pay for care and no patient will be denied services based on an inability to pay
DETAILS: N/A

MARTIN DEPORRES CLinic
22–15 43RD AVENUE, LIC, NY 11101
www.steinway.org
Explore issues such as parenting, anger management and bereavement through therapeutic groups and arts and crafts treatment methods. Services are in both English and Spanish.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Rosalie Wilson (LCSW, Program Supervisor)
PHONE: 718.956.1305
EMAIL: rwilson@steinway.org
AGE: All ages
DURATION/HRS: M–Sat, call for specific program hours
NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted
DETAILS: 

STEINWAY MENTAL HEALTH CLINIC
22–15 43RD AVENUE, 2ND FLOOR, LIC, NY 11101–5018
www.steinway.org
Therapeutic groups allow patients to address common concerns like parenting, anger management and bereavement, often using arts and crafts treatment methods.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Mary Redd (Executive Director)
PHONE: 718.389.5100
EMAIL: maryredd@steinway.org
AGE: 6–14 years old
DURATION/HRS: Call for program hours
NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted
DETAILS: 

SERVICES FOR PREGNANT WOMEN (QNCC)
23–40 ASTORIA BOULEVARD, ASTORIA, NY 11102
www.ccbq.org
Baby on the way? Expecting mothers and families can find counseling and support in preparation for the birth of their child(ren) and care thereafter.

ORGANIZATION: Catholic Charities of Brooklyn and Queens
CONTACT: Debbie Hampson (CRC, LMHP Director)
PHONE: 718.726.9790
EMAIL: dhampson@ccbq.org
AGE: All ages
DURATION/HRS: M–F 9am–5pm
NOTE: Call for fee information
DETAILS: 

THE ADULT BLENDED CASE MANAGEMENT PROGRAM
22–15 43RD AVENUE, 2ND FLOOR, LIC, NY 11101–5018
www.steinway.org
Serves clients with severe and persistent mental illness who are at high risk for hospitalization. Services are available in English and Spanish.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Amber Mallory (Program Director)
PHONE: 718.389.5100
EMAIL: amallory@steinway.org
AGE: 18 years and older
DURATION/HRS: M–Sat, call for specific program hours
NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted
DETAILS: N/A

THE HOME AND COMMUNITY WAIVER BASED SERVICES (HCBS) PROGRAM
22–15 43RD AVENUE, 2ND FLOOR, LIC, NY 11101–5018
www.steinway.org
An intensive program geared toward youth at highest risk for out-of-home placement or hospitalization. Services are in English and Spanish.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Emmanuel Odigie (Program Director)
PHONE: 718.389.5100
EMAIL: eodigie@steinway.org
AGE: 5–18 years old
DURATION/HRS: M–Sat, call for specific program hours
NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted
DETAILS: N/A

QUEENS NORTH COMMUNITY CENTER (QNCC)
23–40 ASTORIA BOULEVARD, ASTORIA, NY 11102
www.ccbq.org
Offering the first line of access to care management or crisis intervention; the center provides a welcoming, hospitable, engaging environment for all.

ORGANIZATION: Catholic Charities of Brooklyn and Queens
CONTACT: Debbie Hampson (CRC, LMHP Director)
PHONE: 718.726.9790
EMAIL: dhampson@ccbq.org
AGE: All ages
DURATION/HRS: M–F 9am–5pm
NOTE: Call for fee information
DETAILS: 

QUEENS ON-SITE SCHOOL-BASED PROGRAMMING
LOCATIONS:
• PS 76, 36–36 10 STREET, ROOMS 108A & 224, LIC, NY 11101
• IS 126, 31–51 21 STREET, ROOM 357, LIC, NY 11106
• IS 204, 36–41 28 STREET, ROOM B42, LIC, NY 11101
www.steinway.org
On-site therapy for youngsters and parents affected by emotional disorders. Services are in English and Spanish.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Mary Redd (Executive Director)
PHONE: 718.389.5100
EMAIL: maryredd@steinway.org
AGE: 6–14 years old
DURATION/HRS: Call for program hours
NOTE: See which insurance plans are accepted
DETAILS: 

SERVICES FOR PREGNANT WOMEN (QNCC)
23–40 ASTORIA BOULEVARD, ASTORIA, NY 11102
www.ccbq.org
Baby on the way? Expecting mothers and families can find counseling and support in preparation for the birth of their child(ren) and care thereafter.

ORGANIZATION: Catholic Charities of Brooklyn and Queens
CONTACT: Debbie Hampson (CRC, LMHP Director)
PHONE: 718.726.9790
EMAIL: dhampson@ccbq.org
AGE: All ages
DURATION/HRS: M–F 9am–5pm
NOTE: Call for fee information
DETAILS: 

THE HOME AND COMMUNITY WAIVER BASED SERVICES (HCBS) PROGRAM
22–15 43RD AVENUE, 2ND FLOOR, LIC, NY 11101–5018
www.steinway.org
An intensive program geared toward youth at highest risk for out-of-home placement or hospitalization. Services are in English and Spanish.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)
CONTACT: Emmanuel Odigie (Program Director)
PHONE: 718.389.5100
EMAIL: eodigie@steinway.org
AGE: 5–18 years old
DURATION/HRS: M–Sat, call for specific program hours
NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted
DETAILS: N/A
THE QUEENS CHILDREN’S BLENDED CASE MANAGEMENT PROGRAM

22–15 43RD AVENUE, 2ND FLOOR, LIC, NY 11101–5018

www.steinway.org

Offers support to troubled youth who are no longer at highest risk for out-of-home placement.

ORGANIZATION: Steinway Child and Family Services, Inc. (SCFS)

CONTACT: Emmanuel Odige (Program Director)

PHONE: 718.389.5100

E-MAIL: eodige@steinway.org

AGE: 5–17 years old

DURATION/HRS: M–Sat, call for specific program hours

NOTE: Self pay, sliding scale, but call to see which insurance plans are accepted

DETAILS: N/A
SECTION 6
Special Needs Programs

1. Adapted Aquatics
   (Special Needs)
2. Astoria Blue Feather
   Head Start Program
3. Astoria Health Center
   Playground
4. Early Childhood Education
5. TFH KidZone Health Education
SPECIAL NEEDS PROGRAMS

ADAPTED AQUATICS (SPECIAL NEEDS)
19TH STREET AND 23RD DRIVE, ASTORIA, NY 11102
www.nycgovparks.org
Make a splash! Swimmers with mental and physical disabilities receive instruction and time in the pool.
ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.760.6969 (or call 311 for more info)
E-MAIL: joan.herrera@parks.nyc.gov
AGE: All ages
DURATION/HRS: M, W, F 11am–1pm
DETAILS:

ASTORIA BLUE FEATHER HEAD START PROGRAM
27–07 8TH STREET, ASTORIA, NY 11102
www.ahrcnyc.org/education
A special head start for your little one. Children with developmental delays are nurtured by special-education teachers and staff alongside similarly developing peers.
ORGANIZATION: AHRC NYC
CONTACT: Denise Polanco-Nieves (Director)
PHONE: 718.721.3960
E-MAIL: denise.polanco@ahrcnyc.org
AGE: 2.5–5 years old
DURATION/HRS: M–F 8:45am–2:15pm
NOTE: Families eligible for the program are selected to attend based on income eligibility and other criteria, but priority is given to homeless children and children in foster care
DETAILS:

ASTORIA HEALTH CENTER PLAYGROUND
14TH STREET (BETWEEN 31ST AVENUE AND 31ST DRIVE), ASTORIA, NY 11102
www.nycgovparks.org
With ramped play equipment, universally accessible swing, transfer platform and ground-level play features; everyone can join in the playground fun!
ORGANIZATION: New York City Department of Parks and Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.394.0444; 718.349.3408
E-MAIL: joan.herrera@parks.nyc.gov
AGE: All ages
DURATION/HRS: From dawn to dusk
DETAILS:

EARLY CHILDHOOD EDUCATION
36–02 14TH STREET, ASTORIA, NY 11106
Jackson Development goes above and beyond for your child, providing both home and center-based evaluations to enhance the lives of children with developmental delays.
ORGANIZATION: Jackson Development Center: Astoria Site
CONTACT: Leah Kaufman (Evaluation and Therapy Coordinator)
PHONE: 718.392.2510
E-MAIL: jackchildserv@aol.com
AGE: Birth–5 years old
DURATION/HRS: Class schedules vary based on age, but call for details
DETAILS:

TFH KIDZONE HEALTH EDUCATION
41–40 27TH STREET, LIC, NY 11101
www.thefloatinghospital.org
Kids living in shelters can get one-on-one counseling, participate in group activities and address various health and nutrition issues in a safe, comfortable and inclusive environment.
ORGANIZATION: The Floating Hospital
CONTACT: Michelle Morgan (Sr. Health Educator)
PHONE: 718.784.2240 x117
E-MAIL: mmorgan@thefloatinghospital.org
AGE: 5–17 years old
DURATION/HRS: M–F 9am–5pm
NOTE: Most insurance plans accepted; Medicaid plans accepted; affordable cash payment discount plans available
DETAILS: N/A
SECTION 7
Summer Programs

1. Astoria Beacon Summer Camp
2. Astoria Park School Food Summer Meals Program
3. Making Your Mark
4. Summer Camp
5. Summer Media Camp
6. Summer Stars—Musical Theater Performance
7. Summer Youth Employment Program (SYEP)—HANAC
8. Summer Youth Employment Program (SYEP)—Jacob Riis
9. The Summer Day Camp
Summer Programs

ASTORIA BEACON SUMMER CAMP
IS 204Q, 36–41 28TH STREET, LIC, NY 11106
www.hanac.org
Experience the very best of summer! Learn, play sports and go on new adventures with other kids.

ORGANIZATION: HANAC Inc.
CONTACT: Mike Kotrozos
PHONE: 718.433.1989
E-MAIL: mkotrozos@hanac.org
AGE: 5–13 years old
DURATION/HRS: Jul–Aug 9am–5pm
DETAILS:

ASTORIA PARK SCHOOL FOOD SUMMER MEALS PROGRAM
SHORE BOULEVARD & 23RD AVENUE
www.nycgovparks.org
Free, nutritious lunches for children 18 and younger. Sound yummy?

ORGANIZATION: New York City Department of Parks & Recreation
CONTACT: Joan Herrera (Center Manager)
PHONE: 718.520.5916
E-MAIL: joan.herrera@parks.nyc.gov
AGE: 0–18 years old
DURATION/HRS: Jul–Aug, T–F during lunch hours
NOTE: Price points vary and can be found on the website
DETAILS:

MAKING YOUR MARK
9–01 33RD ROAD (AT VERNON BOULEVARD), LIC, NY 11106
www.noguchi.org
Get involved in art this summer! Work in the studio, explore gallery exhibits and take trips to local galleries and museums.

ORGANIZATION: The Noguchi Museum
CONTACT: Melissa Wolf (Development Director)
PHONE: 718.204.7088 x203
E-MAIL: education@noguchi.org
AGE: High school-aged youth
DURATION/HRS: Program is held in July
DETAILS:

SUMMER CAMP
5–02 50TH AVENUE, QUEENS, NY 11101
www.lickids.com/summer_camp
Nine weeks of swimming, sports, gymnastics, art, music, picnics and storytelling! True summer fun.

ORGANIZATION: Long Island City Kids
CONTACT: Nicole Savage, Managing Director
PHONE: 718.392.5437
E-MAIL: info@lickids.com
AGE: 5–13 years old
DURATION/HRS: Jul–Aug 9am–5pm
NOTE: Price points vary and can be found on the website
DETAILS:

SUMMER MEDIA CAMP
36–01 35TH AVENUE, ASTORIA, NY 11106
www.movingimage.us
Like video games and action movies? This summer, get access to state-of-the-art equipment and learn to write, direct, edit and CREATE your OWN games and movies!

ORGANIZATION: Museum of the Moving Image
CONTACT: Maggie Glass, Senior Educator
PHONE: 718.777.6820
E-MAIL: education@movingimage.us
AGE: Group one: 8–12 years old; Group two: 13 and up
DURATION/HRS: Each session runs for one week in Aug, M–F 10am–4pm
NOTE: Fee information based on number of sessions attended; one session is $425
DETAILS:

SUMMER STARS—MUSICAL THEATER PERFORMANCE
• VENUE: 3044 CRESCENT STREET, ASTORIA, NY 11102
• MAILING ADDRESS/OFFICE: KAUFMAN ASTORIA STUDIOS, 34–12 36TH STREET, ASTORIA, NY 11106
www.apacny.org
Ready to see your name in lights? Work with professionals to perfect your acting skills and perform in front of a live audience.

ORGANIZATION: Astoria Performing Arts Center
CONTACT: Taryn Sacramone
PHONE: 718.393.7505
E-MAIL: info@apacny.org
AGE: 8–13 years old
DURATION/HRS: Auditions are held in late July; rehearsals and performance in August
NOTE: Performance tickets available for $15; $12 for seniors/students
DETAILS:

SUMMER YOUTH EMPLOYMENT PROGRAM (SYEP)
23–16 30TH AVENUE, ASTORIA, NY 11102
www.hanac.org
Get ahead of the game and get prepared for the job market. Receive career instruction, financial literacy training and other work skills to keep your mind active during the summer.

ORGANIZATION: HANAC Inc.
CONTACT: Diane Arweiler
PHONE: 718.204.2325
E-MAIL: darweiler@hanac.org
AGE: 14–21 years old
DURATION/HRS: Jul–Aug
DETAILS:
**SUMMER YOUTH EMPLOYMENT PROGRAM (SYEP)**

QUEENSBUILD HOUSES, 10–25 41ST AVENUE, LIC, NY 11101

www.riissettlement.org

Get ahead of the game and prep for today’s job market! Receive career instruction, financial literacy training and other work skills to keep your mind active during the summer.

**ORGANIZATION:** Jacob A. Riis Neighborhood Settlement House  
**CONTACT:** Pleshette McKnight (Director of Adolescent Services)  
**PHONE:** 718.784.7447 x125  
**E-MAIL:** pmcknight@riissettlement.org  
**AGE:** 14–21 years old  
**DURATION/HRS:** 7 weeks in the summer  
**NOTE:** Youth work 25 hours/week and earn $7.25 per hour  
**DETAILS:**

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**THE SUMMER DAY CAMP**

32–23 QUEENS BOULEVARD, LIC, NY 11101  
www.ymcanyc.org/long-island-city

Get active this summer! Combine summer learning with plenty of fun, games and field trips. Take a nature walk, swimming lessons, trips to museums and much, much more.

**ORGANIZATION:** Long Island City YMCA  
**CONTACT:** Gerri Sacino (School Age Child Care Director)  
**PHONE:** 718.392.7932  
**E-MAIL:** gsacino@ymcanyc.org  
**AGE:** 3–16 years old (Groups are divided by age)  
**DURATION/HRS:** Nine week program from Jun–Sep, M–F 9am–5pm  
**NOTE:** Call for fee information  
**DETAILS:**
SECTION 8
Teen Programs

1. College Access Program: ERDA Scholars
2. College Alliance for Transitional Career Help (CATCH)
3. In-School Youth Program (ISY)—HANAC
4. In-School Youth Program (ISY)—LaGuardia
5. Learn to Read
6. QNCC Leaders in Training (LIT) GED Program
7. REELizations Video Production Program
8. Teen Advisory Board
9. Young Adult Internship Program (YAIP)
Teens Programs

College Access Program: ERDA Scholars
Office: 4–25 Astoria Boulevard (At 8th Street), Astoria, NY 11102
www.erdalliance.org
Going to college? Yes you are, with ERDA’s “everything you need to get into college” program. Get counseling, guidance, tutoring, tours and more.

Organization: East River Development Alliance (ERDA)
Contact: Sarah Montgomery (College Access Coordinator)
Phone: 718.784.0877 x316
E-mail: sarah@erdalliance.org
Age: High school juniors and seniors
Duration/Hours: Year long, one evening meeting per week
Details:

College Alliance for Transitional Career Help (CATCH)
29–10 Thomson Avenue, C–232, LIC, NY 11101
www.laguardia.edu
This program gives youth the support they need to get into college or start a career.

Organization: LaGuardia Community College
Contact: Guadalupe DeLaCruz
Phone: 718.482.5128
E-mail: gcruez@lagcc.cuny.edu
Age: 17–22 years old (must turn 18 within the school year)
Duration/Hours: Throughout school year
Details:

In-School Youth Program (ISY)
23–16 30th Avenue, Astoria, NY 11102
www.hanac.org
Whatever you need to stay on track to graduate, HANAC is here to help. Sign up for all kinds of individualized services, from tutoring to college tours.

Organization: HANAC Inc.
Contact: George Stellakis (Director of Youth Services)
Phone: 718.204.2325
E-mail: gstellakis@hanac.org
Age: High school juniors and seniors
Duration/Hours: Throughout school year, 10am–6pm
Details:

In-School Youth Program (ISY)
29–10 Thomson Avenue, Building C, Room 232, LIC, NY 11101
www.laguardia.edu
Get ready for the transition to adulthood! With ISY you’ll have personal guidance, career planning, PAID internships, tutoring and even a chance to get out of the city with college trips.

Organization: LaGuardia Community College
Contact: Guadalupe DeLaCruz
Phone: 718.482.5128
E-mail: gcruez@lagcc.cuny.edu
Age: High school juniors and seniors
Duration/Hours: Throughout school year
Details:

Learn to Read
The Jeanne Elmezzi Adult Learning Center, 37–44 21st Street, LIC, NY 11101
www.queenslibrary.org
Improve your reading! Join qualified tutors or staff-led groups to learn useful English for your everyday tasks.

Organization: Queens Library (Long Island City Location)
Contact: Susan Dalmas (Adult Learner Program Manager)
Phone: 718.752.3720
E-mail: sdalmas@queenslibrary.org
Age: 16 years old and up
Duration/Hours: M–Sat, call for hours and class schedule
Note: Registration required
Details:

QNCC Leaders in Training (LIT) GED Program
23–40 Astoria Boulevard, Astoria, NY 11102
www.ccbq.org
You’re going to college! And CCBQ is excited to help with pre-GED classes, college tours, field trips and more.

Organization: Catholic Charities of Brooklyn and Queens
Contact: Theresa Yuan (Director of Youth Programs)
Phone: 718.726.9790
E-mail: tyuan@ccbq.org
Age: 17–21 years old
Duration/Hours: M–F 9am–5pm, call for specific program hours
Details:
REELIZATIONS VIDEO PRODUCTION PROGRAM
OFFICE: 4–25 ASTORIA BOULEVARD (AT 8TH STREET), ASTORIA, NY 11102
www.erdalliance.org
Combine a love of film with a love of your community through this exciting videography program. Learn to creatively capture the stories of your community and share them onscreen!

ORGANIZATION: East River Development Alliance
CONTACT: Sarah Montgomery (College Access Coordinator)
PHONE: 718.784.0877 x316
E-MAIL: sarah@erdalliance.org
AGE: 9th–12th grades
DURATION/HRS: Two 15-week cycles, F 5pm–8pm
DETAILS:

TEEN ADVISORY BOARD
9–01 33RD ROAD (AT VERNON BOULEVARD), LIC, NY 11106
www.noguchi.org
Be one of Noguchi’s 12 interns this year! Find out how a museum is run, plan programs for other teens, collaborate on projects and even advise the museum staff about teen-related matters!

ORGANIZATION: The Noguchi Museum
CONTACT: Melissa Wolf (Development Director)
PHONE: 718.204.7088 x221
E-MAIL: mcwolf@noguchi.org
AGE: 9th–12th grades
DURATION/HRS: Oct–May, W 4:30pm–6:30pm
DETAILS:

YOUNG ADULT INTERNSHIP PROGRAM (YAIP)
29–10 THOMSON AVENUE, ROOM C-344, LIC, NY 11101
www.laguardia.edu/ace
Earn up to $2,500 in 14 weeks! This paid internship program will prepare you for a GED diploma, college admission or entering the workforce.

ORGANIZATION: LaGuardia Community College
CONTACT: Sindy Rivera
PHONE: 718.609.2131
E-MAIL: RUTHDE@laggc.cuny.edu
AGE: 16–24 years old
DURATION/HRS: 3 weeks of orientation and 11 weeks of paid internship
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AHRC NYC—ASTORIA BLUE FEATHER:
Each member of AHRC NYC is committed to promoting a culture that embraces:
• Passion—Committing wholeheartedly to the mission of the agency.
• Respect—Responding to all members of the AHRC community with courtesy, kindness, and open and honest communication.
• Integrity—Making decisions based on fairness, honesty, morality and ethical principles.
• Diversity—Respecting and appreciating the differences found among individuals with intellectual and developmental disabilities, their families and our colleagues.
• Excellence—Providing an environment in which distinction and merit are affirmed, celebrated and enhanced.

A LEARNING ODYSSEY DAY CARE (FORMERLY ASTORIA DAY CARE):
A Learning Odyssey Day Care’s mission is to provide:
• Quality and affordable daycare
• Age-appropriate curriculum
• Small number of children
• Appropriate staff-to-child ratios
• Clean play environment
• To provide children with physical, emotional, and cognitive nurturing
• Emphasis on physical activity
• A program that is flexible and meets the needs of the community
• Safe and convenient location

ALL CHILDREN’S CHILD CARE CENTER:
All Children’s Child Care Center is committed to providing a safe environment for children during daycare and after school.

ASTORIA PERFORMING ARTS CENTER, INC. (APAC):
The Astoria Performing Arts Center, Inc. (APAC), a not-for-profit organization, was founded in 2001 by actress Susan Scannell (“Dynasty”). Their mission is to bring high-quality theater and entertainment to Long Island City/Astoria and to support local youth and senior citizens. They are a professional theatre company that complements a full season of award-winning mainstage programming with dedicated community programming.

CATHOLIC CHARITIES OF BROOKLYN AND QUEENS:
Catholic Charities Brooklyn and Queens promotes unity among all persons by seeking to develop caring communities. They have nearly 180 programs that provide affordable housing, nutritious meals, recreation for seniors, residences for the developmentally disabled, and assistance to neighbors in need.

CITY YEAR NEW YORK:
City Year is an education-focused, nonprofit organization that unites young people of all backgrounds for a year of full-time service to keep students in school and on track to graduation.

EAST RIVER DEVELOPMENT ALLIANCE (ERDA):
ERDA is a non-profit organization whose mission is to improve and transform New York City public housing neighborhoods by providing residents with the tools and opportunities necessary for self-reliance and economic mobility.

GREATER ASTORIA HISTORICAL SOCIETY:
The Greater Astoria Historical Society, chartered in 1985, is a non-profit organization supported by the Long Island City community. They are dedicated to preserving our past and using it to promote our community’s future. The Society hosts field trips, walking tours, slide presentations, and guest lectures to schools and the public.

THE GREEK CULTURAL CENTER, INC (GCC):
The GCC constantly and consistently strives to ensure that each member of the Greek American community has the opportunity to express themselves creatively through their own inclinations and aptitudes, be educated and informed about culture, and explore their roots and traditions.

GREEN SPACE PERFORMING ARTS CENTER:
Green Space’s mission is to serve the Queens and general dance community by providing an affordable and welcoming environment for rehearsals, classes, and performances. Green Space embraces the diversity of Queens as a strength, encouraging exchange on an artistic, educational, and interactive level.

HALLETT COVE CHILD DEVELOPMENT CENTER, INC.:
Hallet Cove’s goals surround children’s social, emotional, physical and intellectual development, with a focus on a unique set of goals for children with special needs as well as ESOL students.

HANAC:
HANAC’s mission is to develop and administer the operation of essential social services including youth, senior and immigrant services, employment and education programs, counseling and affordable housing, for the betterment of the community.

HOUR CHILDREN:
Hour Children is committed to the compassionate and loving care of the children of incarcerated women. Their outreach includes support and empowerment for mothers under their reunification with their families. All persons are encouraged to live and interact with dignity and respect.
JACKSON DEVELOPMENT CENTER—ASTORIA SITE:
Jackson Development Center’s mission is to enhance the lives of children and their families through home- and center-based evaluations and therapeutic intervention for infants and toddlers with developmental delays and/or diagnosed conditions.

JACOB A. RIIS NEIGHBORHOOD SETTLEMENT HOUSE:
Jacob A. Riis Neighborhood Settlement House is a community-based non-profit organization that offers comprehensive services to the youth, adults, seniors and families of Western Queens. Their mission is to build and strengthen communities in Western Queens and act as a catalyst for change.

LAGUARDIA COMMUNITY COLLEGE:
LaGuardia’s workforce Education Center provides comprehensive, high quality, free or low-cost, short- and long-term occupational skills training; high school equivalency preparation for teens; and academic enhancement services to low-income youth and adults.

LONG ISLAND CITY HEALTH CENTER:
The Long Island City Health Center is part of the Community Healthcare Network (CHN), which is a not-for-profit organization that provides access to quality, culturally competent and comprehensive community-based primary care, mental health care and social services for diverse populations in underserved communities throughout New York City.

LONG ISLAND CITY KIDS:
Long Island City Kids is committed to providing an exceptional physical, intellectual and socially enriching experience for all kids. They offer creative and innovative classes for babies, toddlers, and children.

LONG ISLAND CITY YMCA:
The YMCA of Greater New York is a community service organization which promotes positive values through programs that build spirit, mind and body, welcoming all people, with a focus on youth.

MUSEUM OF THE MOVING IMAGE:
Museum of the Moving Image advances the public understanding and appreciation of the art, history, technique, and technology of film, television, and digital media. It does so by collecting, preserving, and providing access to moving-image related artifacts, screening significant films and other moving-image works, presenting exhibitions of artifacts, artworks, and interactive experiences, and offering educational and interpretive programs to students, teachers, and the general public.

NEW YORK CITY DEPARTMENT OF PARKS AND RECREATION:
The Department of Parks and Recreation is the steward of about 29,000 acres of land—14 percent of New York City—including more than 5,000 individual properties ranging from Coney Island Beach and Central Park to community gardens and Greenstreets. They operate more than 800 athletic fields and nearly 1,000 playgrounds, 550 tennis courts, 66 public pools, 48 recreational facilities, 17 nature centers, 13 golf courses, and 14 miles of beaches. They care for 1,200 monuments and 23 historic house museums. They look after 600,000 street trees, and two million more in parks. They are New York City’s principal providers of recreational and athletic facilities and programs. They are home to free concerts, world-class sports events, and cultural festivals.

NEW YORK JUNIOR TENNIS LEAGUE (NYJTL):
NYJTL is committed to developing the character of young people through tennis, emphasizing the ideals and life of Arthur Ashe in the following ways:
• Reaching out to young people who otherwise would not have the opportunity to learn and play tennis
• Instilling the values of humanitarianism, leadership and academic excellence
• Introducing the opportunity to fully develop their tennis skills and competitive potential for a lifetime of enjoyment

NOGUCHI MUSEUM:
The Isamu Noguchi Foundation and Garden Museum is devoted to the preservation, documentation, presentation, and interpretation of the work of Isamu Noguchi. The Museum, the first in America established by a living artist of his own work, contains the world’s richest holdings of Noguchi’s art. The Museum seeks to honor and preserve the unique setting designed by Noguchi and to exhibit a core group of works for permanent viewing. Through changing exhibitions and educational programs the Museum aims to illuminate the interrelation of his sculpture, works on paper, architecture, and designs for furniture, lighting, landscapes, and theater, as well as the intellectual environment in which the works were shaped.

OUR LADY OF MT. CARMEL PARISH INC.:
Our Lady of Mt. Carmel Parish serves approximately 170 children in the community of “Western Queens, Astoria” which includes any race, creed, color or religious beliefs. They provide recreational activity through the sports of volleyball and soccer.

PAL WESTERN QUEENS NURSERY SCHOOL/EARLY LEARNING CENTER:
PAL’s School and Center provide children with a safe learning environment and varied experiences which will help them develop socially, intellectually, physically, and emotionally. They also provide resources for parents to assist them with the understanding of child growth and development.
PEOPLES UNITED METHODIST HEAD START:
Peoples United Methodist Head Start offers activities that are designed to assist pre-school children in the development of their social, emotional, academic, and motor skills. Parents also play a critical role in the management and operation of the program, in addition to receiving training and support from staff and community partners.

QUEENS LIBRARY:
The mission of the Queens Library is to provide quality services, resources, and lifelong learning opportunities through books and a variety of other formats to meet the informational, educational, cultural, and recreational needs and interests of its diverse and changing population.

The Library is a forum for all points of view and adheres to the principles of intellectual freedom as expressed in the Library Bill of Rights formulated by the American Library Association.

SPORTS AND ARTS IN SCHOOLS FOUNDATION (SASF):
SASF helps bridge the academic performance gap among under-achieving students by extending the school day and year with wholesome, skill-building activities designed to improve New York City children's academic performance, health and wellness, attitude towards school, self-confidence, character and values, and opportunity for lifelong employment.

STEINWAY CHILD AND FAMILY SERVICES, INC. (SCFS):
Established in 1972, SCFS is a non-profit agency dedicated to providing comprehensive, quality human services to children, families and adults to help them achieve optimal level of functioning.

THE FLOATING HOSPITAL (TFH):
The Floating Hospital has remained true to its mission for nearly 145 years: serving all families in need without regard to creed, color or nationality.

VARIETY BOYS & GIRLS CLUB OF QUEENS INC. (VBGQC):
To enable all young people, especially those who need VBGCQ most, to reach their full potential as productive, caring, responsible citizens.

For more information:

THE ELMEZZI FOUNDATION www.elmezzi.org
ZONE 126 www.zone126.org
THE PROJECT 126 REPORT www.elmezzi.org/?p=612

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